

AT Banter Podcast Episode 312 - Jennie Bovard

Sun, Nov 20, 2022 1:17PM 1:15:56

SUMMARY KEYWORDS

podcast, albinism, people, guests, listen, rob, called, stories, disability, ami, bit, rick hansen, good, jennie, ryan, vision, lis, nice, find, conversation

SPEAKERS

Rob Mineault, Lis Malone, Jennie Bovard, Ryan Fleury

R Ryan Fleury 00:08
Hey, and welcome to another episode of AT Banter. Banter, banter.

R Rob Mineault 01:03
This is of course the podcast where we talk with advocates and members of the disability community to educate and inspire better conversation about disability. Hey, my name is Rob Mineault. And joining me --

L Lis Malone 01:20
That was a very pregnant pause.

R Rob Mineault 01:23
Do you remember last week, I told you I'm tired of being called Robin. So get used to it. Hey, joining me today is Mr. Ryan Fleury. I am Ryan Fleury. And we've also got in the room. Lis Malone.

L Lis Malone 01:48
it's Lisma Loan.

R Rob Mineault 01:57
Listen, can I just rant for a second?

R Ryan Fleury 02:07
Sure. Yeah.

R Rob Mineault 02:09
So okay, can we please get rid of this time change? It's killing me. It is killing me. i This morning or to like last night, I couldn't get to sleep until like, 1am. And then my stupid body decides it's time to get up at 5am

R Ryan Fleury 02:25
The time change was a week ago.

R Rob Mineault 02:27
I know it takes me like two three weeks to like actually adjust to this stupid thing. It's only an hour like is stupid. We should just get rid of it.

R Ryan Fleury 02:36
They are planning to.

R Rob Mineault 02:39
They keep saying that they say that every year Ryan

L Lis Malone 02:42
When they make the switch, which way are they going to? What's going to be the permanent one?

R Rob Mineault 02:46
I don't care, whatever just stop changing stuff. That's it.

R Ryan Fleury 02:53
I wonder if our guest knows.

L Lis Malone 02:54

Yeah, this is like above my paygrade. I think I'm too dumb to know is it better to have the extra light in the morning or the extra in the evening?

R Rob Mineault 03:03

Okay, here's my opinion. I hate the fact that it's like 4:30 and it's dark already. I hate that and so I'm going with the other one.

L Lis Malone 03:14

The extra hour of light on the back end. that's right. Because you like it when those little kids waiting for the school bus are standing there in pitch black alone waiting for a giant vehicle to transport them in bulk safely.

R Rob Mineault 03:36

Yeah, yes, yes. Everything that you just said.

L Lis Malone 03:42

Just making sure okay.

R Rob Mineault 03:46

I just don't like walking home from work in the dark that's it.

R Ryan Fleury 03:50


You're a big boy.


L Lis Malone 03:51


Yeah, if the little kids in the morning, screw them. Rob wants to just like when he's walking home.


R Rob Mineault 03:57


They're getting a ride!


 Lis Malone 04:03
It's too far to walk.


 Rob Mineault 04:11
Hey, how are you guys?


 Ryan Fleury 04:14
I am pretty well actually.


 Lis Malone 04:22
I'm fighting the power of the gas man power.

 Rob Mineault 04:26
Oh really?


 Lis Malone 04:27
Yeah yeah.


 Ryan Fleury 04:30
Lis is freezing because she doesn't want to pay for heating bills.

 Lis Malone 04:34
I'm being skimpy on my on my heat right now because I just the what the natural gas companies charges just so ridiculous and I'm so I'm like, yep, that's that's what sweaters are for. I want to throw on a sweater.


 Rob Mineault 04:51
Do you have like a fireplace?


 Lis Malone 04:53


 Lis Malone 04:55
It's gas.


 Rob Mineault 04:57
So they kind of got you over a barrel on that one.


 Lis Malone 05:00
They do. They got me coming and going.


 Rob Mineault 05:03
Well, yeah, do you have a gas stove as well?


 Lis Malone 05:07
It's electric stove. Okay. Yeah.

 Ryan Fleury 05:11
Well just turn that on to heat up the place.

 Lis Malone 05:13
Pretty much. Yeah.

 Rob Mineault 05:14
So are you literally just not paying your bill and you're just --

 Lis Malone 05:17
No, I'm paying my bill. I'm just refusing to jack up my useage.

 Rob Mineault 05:24
Okay.



L Lis Malone 05:24
Yeah, yeah. So it's my, it's my suffering and protests are protesting through suffering.

R Rob Mineault 05:32
Right. Yeah.

L Lis Malone 05:34
Yeah. Okay. It's my it's my one woman march against the gas man.

R Rob Mineault 05:39
All right.

L Lis Malone 05:40
Well, for me doing this is totally gonna put them out of business and I'm going to teach them a lesson.

R Rob Mineault 05:45
You will. You will. So for those at home who are keeping score, Ryan's good. Lis is cold and Rob's tired.

L Lis Malone 05:54
And doesn't like the dark.

R Rob Mineault 05:56
Right. Hey, Ryan.

R Ryan Fleury 05:59
Yeah, Rob?

R Rob Mineault 06:01
Why don't we figure out what the heck we're doing today? Well, I know what we're doing today.

Today's guest is Jennie Bovard, the host of Low Vision Moments on AMI. Welcome, Jennie.

J Jennie Bovard 06:12
Hello.

R Ryan Fleury 06:14
So glad you could join us.

J Jennie Bovard 06:16
So glad to meet all of you. I'm I'm already kind of having fun listening to all the back and forth. I could have interjected many times. But I kept to myself, because we've just met. So first impressions.


R Rob Mineault 06:33
We are though excited to talk to you because I do love the podcast. I love the idea of the podcast. And I want to talk all about the podcast. But before we do that, maybe just give us a little bit of a bit of a snapshot about yourself and what you're up to.


J Jennie Bovard 06:51
Sure. Well, like you said, I get to create and host the podcast, Low Vision Moments and I get to do some other work with AMI as well. I've been working with them on a variety of different projects and shows over the years in different capacities. So I really enjoy doing that. I wear a few different hats by day I work with APSEA and that's the Atlantic Provinces Special Education Authority. My title there is Mentor for Children and Youth who are Blind or Visually Impaired. I also volunteer with Blind Sports Nova Scotia, #ButtsOnBikes. I have run the tandem biking club for about a decade now as well and have a lot of fun doing that. I also play Goalball. And I am a dog mom and a wife. And I live in Halifax. What else would you like to know?


R Rob Mineault 07:48
What's your sign?

J Jennie Bovard 07:50
Oh, get out of town.


R Ryan Fleury 07:52


 Ryan Fleury 07:52
Pisces? She's a Pisces.


 Jennie Bovard 07:54
Oh, fire. Hi. All right. Try again.


 Lis Malone 08:01
Scorpio.


 Jennie Bovard 08:02
Oh, no way off. I like things comfortable. And I'm stubborn.


 Lis Malone 08:10
Taurus!

 Jennie Bovard 08:11
You got it.

 Rob Mineault 08:14
Great. Two Tauruses.

 Ryan Fleury 08:17
Alright, Rob, I'll meet you at the bar let's go.

 Rob Mineault 08:20
So why don't we start off talking a little bit about the podcast itself, because I'm really curious in terms of like, how it, how it started and where the idea came from. And maybe also talk a little bit about, about the concept of the of the podcast.

 Jennie Bovard 08:36
Sure. So Low Vision Moments, I had the idea a long, long, long time ago, long before AMI got into the podcasting game. which in my humble opinion. they came to the game a little bit late.

But that's neither here nor there. I have been writing down these low vision moments, these little stories and things that happen in my day to day life for I can't even tell you how many years and I started telling my friends and family these little stories and they were laughing. And it really came about in my 20s because I was becoming a lot more comfortable with even acknowledging the fact that I am visually impaired and that I have albinism and I have a disability. So I was learning to live with it, learning to talk about it more. And so I started sharing these stories with my friends and family and they were laughing, like they were belly laughing and it felt really good to be able to make people laugh. And then I started telling people in my community, you know, my blind and visually impaired friends and they were so they were relating so hard that I was like, you know what this sounds like a podcast idea. And not to sound like a total douchebag but I've been listening to podcasts since before podcasts were cool. Like I was listening, when some of the only podcasts you could find were like CBC Radio 3 podcast. And so I don't know, it's been something I've wanted to do for a really, really long time, I've been talking into microphones making like fake radio shows, and comedy shows and skits since again, since I can remember, I've been bossing my friends around, putting little skits together since forever. So when AMI presented the idea of hey, we're looking for pitches for podcasts, that was really like the kick in the behind that I needed to get things in gear and like put a pitch together and really come up with a concept. And the concept is just those Low Vision Moments, those blind moments. I don't I don't discriminate, I should make that clear, I have any any buddy on with any kind of visual impairment or sight loss or partial sight, whatever your preferred terminology might be. You know, I have we have people on and we just talk about those potentially embarrassing, but often pretty comical things that can happen when you're just trying to go about your life, right, you can be doing everything, right. And sometimes those shitty things, those frustrating things can happen. And they might not be funny in the moment. But later on, they tend to get funny as time goes on. And maybe they're funny in the moment. But as time goes on, it tends to get better. So the podcast is it's part awareness, it's mainly entertainment, then my main thing I want to do is entertain people, and bring some fun into our day, because hell, there's just so much heavy stuff all the time, all around us. And we need a little bit of fun. And we need a little bit of laughter. And and so we're part storytime part comedy, part awareness. And I hear from people who don't have a personal connection to vision loss or, or blindness, or they have a friend or family member. And, you know, we're sort of demystifying things for them to which is I think, an added bonus.

R

Rob Mineault 12:11

Yeah, and that's what I really love about the podcast is that, you know, you have that that blend, which I think is really important, because I think one of the great ways of sort of being able to educate people outside of the community is definitely through humor. I mean, you can, you can really do a lot, I think with using a little bit of humor, to really humanize, you know, the issues that you may be talking about.

J

Jennie Bovard 12:41

like, I totally agree, and I think that a lot of people, I can't speak for everyone, but I think many of us who have a disability, we want to be included in every facet of entertainment, and I don't think comedy, and I think comedy is is part of the mix there. I think that for a lot of us. I want to

hear pale jokes. I have albinism, I want to hear pale jokes, I want to hear jokes, myopic jokes, you know, I want to hear that stuff. Because it's relatable for me, and it makes me feel included. There's a way to do it, right. And there's a way to do it maliciously, too, I should add.

R

Rob Mineault 13:16

So in terms of finding that perfect mix, is that something that you find challenging? Or does it kind of happen just naturally?

J

Jennie Bovard 13:25

I'm going to be honest, it is. This is going to sound cliché, but it doesn't feel like work when I'm recording the podcast. Sure, there's preparation that goes into it a little bit of structure, but I really go into it just wanting to have the guest as comfortable as possible and just have a real authentic discussion conversation. We wander off into conversation that doesn't make it into the podcast a lot. And that's fine, because we always come back to the original theme or the original topic of conversation. It really comes naturally, I think to answer your question.

R

Rob Mineault 14:05

Well, I know for us, like, you know that this is something a decision that we kind of made at the beginning of our podcast as well, you know, we didn't, we knew that there were a few other podcasts that were doing really, really good work and we knew that we couldn't necessarily compete with them. So we wanted to create something with with a particular blend and we try to keep the show like kind of entertaining and light as well as you know, talking about advocacy issues and have conversations about disability. And I know for me that I do the editing of the show, sometimes that can be a challenging balance to maintain.

J

Jennie Bovard 14:58

It can be but you mentioned something I think that's really important as and that's not trying that's avoiding competing with what's already out there. I think going into creating something like this this kind of content is, it's, you know, there there, there still isn't that much content out there that's specifically for our community, and made by our community, in this platform, this podcast platform to be specific, you know, we're getting there. There's, there's a bit more selection these days. But I think, I think just doing your own thing, and creating the content that you want to see, that's where we tend to find success, right? Like, I that's what I do I just make something that I would like to listen to. as selfish as that is.

R

Rob Mineault 15:52

Yeah, no, I think I think that's exactly what what we do as well. And you know, it's a, it's a passion project for us, really. So, you know, you've gotta you gotta be a little bit self indulgent at some point, too. So the format of your show, has it always been the plan that it was going to

be, you know, around the 20 to 25 minute mark, or have you thought about doing longer episodes?

J Jennie Bovard 16:15

I love this question. Because I have a love/hate relationship with longer podcasts. See, I do and I fought for mine. Again, I wanted something that was short, you know, bite size, you can listen to it on a on a commute, and not have to pick it up later, I wanted people to be able to listen to it in all one shot, get that quick dose of fun. And then I think there's room for the longer format. And there's a time to listen to that. Right. And I think for me, yeah, I've always wanted to keep it a little bit more bite size a little bit more. I don't know what the word is - concise. And it's, we're a little bit structured, right? We go into it with a with a loose plan, and then we build our conversation around that. But I will tell you like I said, we get into really good discussions. And there are many low vision moments and blind moments and pale moments that don't make it onto the podcast. I'm one of these days going to have to make an episode that's like just blooper reel stuff that didn't you know, make it. Cutting room floor stuff.

R Ryan Fleury 17:30

Ya know, the bite size is great. And you know, like I said, 20 to 25 minutes. I don't know about the rest of you, but there's so much content out there. Now. I don't know how we have the time to sleep anymore, because all we seem to do is be connected to something. And so just having that little bite sized chunk that has the humor in it just kind of lightens up your day for that half hour. So I appreciate that.

J Jennie Bovard 17:55

That's right, you can listen during your lunch break you know little Nom nom nom, get your laugh on and yeah.

L Lis Malone 18:02

Yeah, I'm a huge fan of the, the one the one quick and quick and and quick out where you can get the full, beginning middle and end and not feel like you're cutting it short and then having to go back and know you know, and then sometimes you don't even get back and then the next episode comes out and, and, and whatnot. And so I really unless you're maybe like, you know, someone who's who could spend a lot of time in the car, or, you know, really have one of those one of those jobs where you can kind of multitask. I think most people just we don't always have that time. So I I think that that's it's a great format for podcasts for me. So I totally, I totally support that. Huge.

J Jennie Bovard 18:50

I will I will say, you know, I'm highly addicted to true crime. I have to admit this, so I will listen to longer podcasts if they're about murder. So there's that. Well, yeah, I mean, everyone can make time for murder, right? Yeah

make time for murder, right? Yeah.

R Ryan Fleury 19:10

Your guests have seemed outgoing, kind of upbeat personalities. Are they all friends or connections that you've made over the years? Or how are you going about finding your guests? And are there any adverse reactions to coming on the show and kind of putting their blindness or disability on display?

J Jennie Bovard 19:32

I have had very few people turn me down luckily. So my ego is still in full swing. No, I've I've been very fortunate in that pretty well. Everyone that I've asked to be on the show has agreed. And you know, technology has gotten in the way from time to time where we couldn't make it work, but I picked my guests based on people who I really want to meet. I have followed them online or have discovered them in some other way. So they might be like my very first guest. She is a beauty influencer. She's like the first beauty influencer with albinism that anybody really knows of. So I had just been fangirling her online, you know, for years. And I was like, you know what I, I would really like to meet her and talk with her. And that's one way that I pick people. Hey, they seem really cool -- I'd like to meet them. The guy that hiked the guy that does long distance hiking, who is blind and he hikes independently with his guide dog. I was like, I have got to meet this guy, he's got to have stories. And I don't know if you made it to that episode yet.

R Rob Mineault 20:55

Is that the guy that did the -

L Lis Malone 20:57

Trevor Thomas? Yeah.

J Jennie Bovard 20:58

That's it. Yeah.

L Lis Malone 21:00

We had him on our show.

R Rob Mineault 21:02

Yeah, that was really super cool. Yeah.

J Jennie Bovard 21:07

The other way that I picked guests are you hit the nail on the head, they're just friends, acquaintances, people that I have not been good at keeping in touch with. So I'm like, hey, why don't you come on my podcast and we'll get caught up. And we'll have a great conversation.

R Rob Mineault 21:21

And so am I, I'm assuming AMI is pretty free with, you know, you just kind of taking the bull by the horns and having the show?

J Jennie Bovard 21:32

I guess so. And I don't know why that is. But I they let me do basically whatever I want. And I don't know if I should say that. Because of I don't know if that is the case for other podcasters with AMI, but I've been given a lot of creative license, and it has been just amazing. And in fact, I just sent an email saying, hey, here's what I want to do. I want to do a special two part holiday episode. I have this fabulous idea. But it means we need to release two episodes in the same month instead of every four weeks as we normally do. So they're like, yeah, sure. And I'm like, okay, well, let's do that. And they let me curse and swear. And they let me talk about things that make people uncomfortable. And we I think we just do it in a way that is genuine, and, and we're just having a good conversation. And I think that's what comes through. It's not it's not just cursing and swearing for the sake of cursing and swearing, right?

R Ryan Fleury 22:36

Yeah, no, for sure. And, you know, like we like, like Rob said, he does the editing, you know, we do our own recording, like, like most podcasters do, you know, the show is ours. It's not owned by anybody. We don't have to answer to anybody. So just kind of curious how that was working. Because you know, a lot of the AMI shows seems safe, right? And not very edgy. So I'm just kind of curious as to how that all works.

J Jennie Bovard 23:03

I like to consider myself edgy. And I think and I think that's sort of my persona, if I can have a persona with with AMI is that I'm sort of the one that's like, hey, I want to do this wacky thing. Can we do that? And they're like, Yeah, sure, but I definitely see, I see what you mean with with the safe factor. And I think, and I'm happy to divert from that.

R Ryan Fleury 23:30

Yeah, absolutely. There's, there's like you mentioned genuine conversations that need to take place. And you know, we are starting to see and hear more of that, but it seems to be slow coming

coming.

J Jennie Bovard 23:42

And like I just I don't know, I don't think that everyone is as open to having these conversations. Again. I've been really fortunate with with my guests that you know, I I seem to have an effect on them where they get really comfortable. We talk about a lot of things like embarrassing things, you know, everything from from embarrassing stories, like going to the wrong hotel room ..

R Ryan Fleury 24:12

Or farting in lockers.

J Jennie Bovard 24:15

Hey, that's me. I'll do anything for a laugh guys. Don't get me started. We had a rough goal ballgame. They mopped the floor with us at that Goalball tournament. We were dead last. So it's like, I gotta do something to make these ladies in the locker room laugh. And they're all blind. Right? So hey, guess what I just did. It's funny. Someone's going to open up that locker get a faceful of Jennie. I'm a class act. What can I say?

L Lis Malone 24:57

I'll tell you what's classy. Ryan and I believe that Rob has a restroom playlist on his Google.

R Rob Mineault 25:04

Listen, we've covered this. We covered this before the show. It's not true. Although now that you mentioned it.

L Lis Malone 25:11

We're giving you this chance to be really comfortable and come clean with it.

R Ryan Fleury 25:16

See what she did there?

L Lis Malone 25:23

it's all out.

R

Rob Mineault 25:24

I don't know what you heard. But this is what happens when you you you leave your desk with your mic open. Shenanigans. Always mute your mic.

J

Jennie Bovard 25:35

It's coming from somewhere. That's all I'm gonna say.

R

Rob Mineault 25:39

For all the kids out there. Always mute your mic. That's the lesson that you need to take away from this podcast episode. So talk to me a little bit about how you how you develop the content, then? Do you just kind of like you just like you mentioned, you kind of have a list of stories and things? Are you still just working from that? Or are you coming up with with sort of new stuff as you go?

J

Jennie Bovard 26:13

Usually, the idea of for a theme comes from something that's happened to me recently, or for example, the the next episode I'm about to record is going to be all like winter and holiday related Low Vision Moments, because I never, they never stop happening. So I'm constantly writing them down and hearing them from other people and thinking you have and telling them rather than you have got to write this down, so that you remember when you come on my podcast. So they're, they're just always happening, these low vision moments, these albinism moments, these blind moments and, and I'll, I'll often I'll often look through my current, you know, my current list of notes and pick something out from there. But sometimes I based the theme around the guest. So for example, when I had Trevor Thomas on, obviously, we have to talk about like outdoorsy stuff, right? So I told a story about how when I, one time, I went camping with some friends of mine, and the sighted people got us lost in the woods. And I said, basically, long story short was shut up, you idiots, all we have to do is listen for the water because we camp next to the water. So I used my wonderful O&M skills to get us out of that mess. But yeah, sometimes I base it around the guest, and sort of what their wheelhouse is, or like a really awesome story that they told me I saw them share online. The ideas come from different places.

R

Rob Mineault 27:55

And has there ever been an idea that looked really good on paper, but then when you tried to implement it and record something, it just went completely sideways on you?

J

Jennie Bovard 28:05

Honestly, no. I've been really, really lucky. And often what happens is we don't get through all

Honestly, no, I've been really, really lucky. And often what happens is, we don't get through all of the potential stories that we could cover, right? Or we think of new ones while we're talking. And we're like, oh, we need to do a part two. So I'm about to record episode 25. I can't believe I've been doing this a little over two years now. And and there's there are just no shortage of stories. And I don't know, I always knock on wood. It's always worked out.

R Rob Mineault 28:42

So talk to me a little bit about because I'm just curious about about AMI, and you know, being under that umbrella, like do they do they provide all the equipment for you to how do they support you? And the podcast in general?

J Jennie Bovard 28:56

I have to laugh about the equipment question. Because two years ago when I started, I quite literally used to record the podcast from inside of a cardboard box set atop my big desk in my office. I was not about to invest in a sexy setup, wonderful sounding setup, until I knew that people were going to listen to the podcast. So once I had a season under my belt or once I knew that people were listening, I went and purchased a as I would say, again, a really sexy sort of really nice mic. I put the time and research into it. AMI does a lot for me in terms of supporting the podcast I had I have a technical producer who helps out with editing and now that we're on YouTube with video as well, for the last couple of episodes and moving forward. They check in with the guest for me to just make sure everything is kosher with the guest technology to save me that step. So that's been really, really nice. But the other really great thing is, is they are, they're, again, so open to ideas and letting me basically run with whatever creative or wild, wild thing I have in mind. So they just been really supportive in that way. And and the fact that I don't have to, okay, well, I, you know, I promote my podcasts, but they do a really excellent job at, you know, getting the word out and getting listeners and having ads for my podcast on other networks. So that's been obviously huge. And I'm extremely fortunate for that, because a lot of folks starting their own podcast. You have to do all that legwork yourself, so I've got a pretty sweet deal.

R Rob Mineault 31:00

I'm gonna submit this show to AMI, and then we'll probably get canceled. That's right. Episode Two cancelled.

J Jennie Bovard 31:09

I have not been canceled yet. I don't know. I don't know. But I seriously, you should pitch and see what happens.

R Ryan Fleury 31:16

No, this is our show. Very proud. It's been seven years and over 300 episodes of this show.

J Jennie Bovard 31:29
Yeah. Kudos. If I get there, then, man. Wow, that's impressive. It's really guys.

R Rob Mineault 31:36
It's a pain in the ass. It's like Rob said earlier on, it's a labor of love. But yeah, doing a weekly show is hard.

J Jennie Bovard 31:45
I can imagine. How do you how do you keep it fresh? How do you find ideas and guests to keep you energized?

R Ryan Fleury 31:52
We talked to anybody who's willing to talk to us.

J Jennie Bovard 31:58
What you're saying is you scrape the bottom of the barrel.

R Ryan Fleury 32:02
model or not? When when disability right? So we're not just blindness or low vision. We'll talk to paraplegics. We'll talk to Deaf organizations. We'll talk about you know, the Disability Benefit in Canada that's going on Accessible Canada Act. You know, we'll talk to people in the UK about technology. We really don't have a direct, I guess, topic or discipline that we focus on. We want to share people's stories and the stories of organizations with everyone and anyone. So that kind of makes it easy in a lot of ways to find guests for the show. Occasionally, we'll sprinkle in, you know, our own news shows as well. But there's definitely times where you know, guests don't get back to you and you're you're scrambling so it is tough, but it's kind of nice being so varied as we are.

J Jennie Bovard 33:01
You have a niche, but it's a it's a big broad niche, which is really nice.

R Rob Mineault 33:07
Hold on. Shoot. Dang it. I had an I had another question. And that left me again.

L Lis Malone 33:15
It's okay, Rob. Just Just relax.

R Rob Mineault 33:17
I need my relaxing playlist clearly.

L Lis Malone 33:23
I'm telling you, Jenny, he went off to the restroom. I listen. He says Google Play Relax.

R Rob Mineault 33:34
No, listen, I told you. I said I told my Google to turn the lights. Or you had Relax playing in the background to relax. Okay, listen, the reason why I had to tell my Google to turn the lights on. It's because it gets dark so early -

R Ryan Fleury 33:53
We heard the story. Yeah. Yeah. So

J Jennie Bovard 33:57
Can we come back to that to the time change? First of all, it's not all about the kids. Some of us are child free and don't give two craps. No, I'm just kidding. I care about the kids. But I'm a runner, and I'm trying to become a morning runner. So if it's, if it's super, super dark in the morning, I'm kind of okay with that. What gets me and I'm still trying to figure this out because I'm I'm still new to running in the morning is do I need to bring my friggin sunglasses or not? Like, I'll start running and there's no sun whatsoever and then as it comes over the horizon, that's painful for me. I have what's called photophobia. So it's just like extreme light sensitivity. So at sunrise and sunset when it's on the horizon then if there are no sunglasses I'm in rough shape so I'll start with this. I've learned that I need to start with the sunglasses on my head so I can flip them on if need be. I don't know I I think I think I'm with you were like the light at the end like the tail end of the day, because when you're done work you want to be able to go and do stuff and not in the dark. Thank you.

L Lis Malone 35:24
I prefer to at the end of the day too, I just like giving Rob a lot of crap.



R Rob Mineault 35:29
Big news. I'm leaving I'm leaving the show and I'm gonna join Jennie's show.

J Jennie Bovard 35:35
Oh cool. Live show!

R Rob Mineault 35:47
We're not doing a live show

J Jennie Bovard 35:49
Live is scary.

R Rob Mineault 35:51
I know Ryan's crazy

R Ryan Fleury 35:54
I've been wanting to do it for like two years.

J Jennie Bovard 36:03
Oh I have I have a suggestion to do a live show. Do it at a venue where you can have an audience and you can have some audience participation.

L Lis Malone 36:18
There's no there's no budget for that. Lis is not allowed in Canada anymore because she made fun of CSIS

R Ryan Fleury 36:30
Lis is our is our US contingent on the show

J Jennie Bovard 36:36
You messed with CSIS. That's that's a serious stuff.

- L** Lis Malone 36:40
Yeah, they're probably not gonna let me in there. They're gonna they're gonna be waving their flashlight from their rowboat.
- R** Rob Mineault 36:47
It's a canoe, not a rowboat.
- R** Ryan Fleury 36:51
Get those Beaver Scouts up and down the rivers making sure you're not trying to get in.
- J** Jennie Bovard 36:58
I'm pretty sure they'd actually be on a Zodiac.
- R** Rob Mineault 37:02
Yeah, well, yeah, I guess I'm 21st century. The canoe was the 90s.
- R** Ryan Fleury 37:08
Right. So I have another question for you. Based on your podcast comments, and you just mentioned that again, the photophobia I know nothing about albinism, other than what I've seen and heard before and like you've mentioned kind of the white hair, the skin pigmentation. So is albinism a spectrum? Because also one of your guests had said they didn't have the light sensitivity that you did theirs was the opposite.
- J** Jennie Bovard 37:34
Albinism can affect different people in different ways. It is a bit of it is yes, it is a spectrum I will give it that label. Because there are not only different types of albinism, we are discovering science genetics are unraveling that there are many different types of albinism, so different genes are being affected that are creating a similar effect and that's lack of pigment pigmentation in the skin, hair and eyes. And sometimes just the eyes there's something called ocular albinism and ocular cutaneous albinism which is what I have. So it affects the development of of the eyes too. And so I think that's where a lot of the variation comes from. I know people with albinism, who can drive unassisted without bioptics without any anything. And then I know people with albinism, who cannot wear corrective lenses to help correct their

vision and they use a dog guide. So for myself I have albinism, my visual acuity with my glasses is like 20 over 200 best case. And for other people, it's it's much better or it can be worse. So it is very much a spectrum.

R

Rob Mineault 39:15

Now do you find that you cover a lot of albinism topics on the show?

J

Jennie Bovard 39:21

I do. I love to talk about albinism and I make a point to have lots of guests with albinism, because I don't think enough people know what albinism is. I don't think people understand that we're, you know, we don't have superpowers. We're not contagious. These things might sound ridiculous to you. But in one of the episodes I discussed a story where a grown ass man on a plane was asking me what my special powers were. Man in his 40s, 50s. Older. It was the craziest thing, he he was sitting across from the aisle from me. And this was an international flight. So it's not a short flight. I have to sit next to this man. He handed me some chicken scratch on a on a, on a napkin. And I'm like, first of all, I can't read your handwriting. I can't read most people's handwriting, magnification or not. So I handed it to my husband who was sitting next to me. And I'm like, What is this say? And, and he tells me it says something like, what are your special powers? And I was like, my husband's he's messing with me. He's making a joke. That's not what this note says. There's no way that that's what this note says. Sure enough, that's what it said. And I didn't know how to deal with it. In the moment. I was like, just flabbergasted that a grown person would ask me that. And then, and then I had to sit with it for a second and be like, Well, okay, you know, maybe I'm the first person with albinism that this person has ever seen. Yeah, it would kind of blow my mind if I was in in terms of how old they are the fact that they're on an international flight. I mean, we're like one in 20,000. But, you know, we're out there amongst you. So I couldn't I tried to have a conversation with this man. And I was like, do you you know, can we have a conversation instead? I can't really read your handwriting. And, and then it ended with him trying to sell me like supplements and like, trying to tell me that these supplements would help my skin and my and my eyes. And just like, man, I think I would have figured it. I think if there was a cure, we would have figured it out by now. So I don't I don't know how I get on to that story, but not me away. Like I don't know, they don't know. And I'll leave another little tidbit. This is a personal thing. And this is something that I am I'm still I'm still getting comfortable with bull with the word albino. For a lot of people, they're totally fine with saying, I'm Jennie, I'm an albino. Um, I, I have a lot there's a lot of negative baggage for me with the word albino and just having it shouted at me from vehicles on the school or you know, on the playground, etc, growing up, and you know, still as an adult, from time to time people shout stupid things at me. And so there's, you know, there's some negative baggage there, right. So for me, my preference would be to be referred to as a person with albinism instead of, and it's fine, like as an adjective. If we If for me, if we think of it like an adjective. I am albino. My hair is so white. Wow. It's so albino. But if if we use it as a noun, it's a little for me, it's a little bit more like, you're referring to my condition instead of me as a person. But that's me personally, a lot of people like person with albinism.

R

Rob Mineault 43:06

Well, and that's the interesting thing about language. And, you know, I think that the public in

general has a lot to learn in terms of, you know, language, and, uh, you know, even, you know, we see that all the time, even the term visually impaired, right, that's fallen out of favor in some circles. Like a lot of times, you can't really get a consensus because some people, it falls out of favor for other people doesn't matter. And so, you kind of almost sometimes you don't really know where to land.

J Jennie Bovard 43:39

I think it's up to the person. Yeah, honestly, at the end of the day, because I don't identify with partial sight. I don't identify with sight loss. I never had these, like, I don't have these things. I have low vision, and my vision is impaired. It's there's something wrong with it. So for me, it's okay for me to acknowledge that it's impaired. It's not as it was intended to work. So that's, that's my take on it. But I don't like being I had a conversation once where someone was asking me to be on their radio show. And they were trying to instruct me not to use the term visually impaired. And I felt very offended by that. I was like, How dare they try to tell me how to explain my disability. Yeah, rubbed me the very much the wrong way. Yeah. I didn't think I'd be ranting, but here I am.

R Rob Mineault 44:36

It's great. It's an honest conversation. Yeah, we like rants. Rants are good. In fact, we are considering actually creating a segment for the show called Ryan's Rants because he does tends to go off.

R Ryan Fleury 44:52

For an hour and a half after the show, because I'm sure there'll be a rant.

R Rob Mineault 44:57

Please not this week.

J Jennie Bovard 45:03

How much do I tick him off? Yeah right.

L Lis Malone 45:05

You're safe. Rob is still recovering from last week

R Rob Mineault 45:12

These guys did a show after the show between announcing our socials.

R Ryan Fleury 45:19
Thanks to Jennie for having to listen to all this crap.

J Jennie Bovard 45:25
All good, all this is missing is a beer honestly.

R Rob Mineault 45:30
Well that's that's true. I mean Lis can probably -- have you ever heard of Frugal McDoogal?

J Jennie Bovard 45:39
Can't say I have but I'm intrigued.

R Ryan Fleury 45:42
I'm sure something very similar in Nova Scotia

L Lis Malone 45:44
We did a whole show on Frugal McDoogal, a small chain of beer and liquor stores that are not even in Canada.

R Rob Mineault 45:53
No, it's not it's not a small chain. Okay, so you have to picture this in your in your mind. It's like a 12,000 square foot liquor warehouse. That's a store obviously but, but then they have a giant caricature of a Scottish person.

L Lis Malone 46:17
That's Frugal McDoogal, who we also call Topsy McStaggers.

R Rob Mineault 46:24
On the side of the building.

J Jennie Bovard 46:25
I might be offended.

R Ryan Fleury 46:27
How can you be offended, you're from Halifax.

J Jennie Bovard 46:30
I don't know how but I think I'm offended.

R Rob Mineault 46:33
It's it's a fascinating. It's a fascinating story. And I don't know, I don't even know how we started talking about it. But you have one near you right, Lis?

L Lis Malone 46:44
Oh, I have one very close to me. Yeah.

J Jennie Bovard 46:48
That sounds like my jam.

L Lis Malone 46:50
It's so cool. Because you go into one side of the store because of the way the liquor laws are in the Carolinas where I am. So you go into one side of the store that's completely sealed off. It's two entrances to the same building with that's walled off. So you go into one side and you can get all your beer and your wine. Then you go out to your car, you put in your trunk and you go back and you go into the liquor side.

J Jennie Bovard 47:16
I always thought liquor laws are so fascinating and how they're different in different places. I just I cannot wrap my head around the logic sometimes. Like when I was in Europe, for a little while, we we would be just picking up our wine and our bread at like the little at the train station on the way home like there's a little liquor store in the train station. And you can get pregnancy tests in vending machines at the train station too, FYI. Even within Canada, the the liquor laws are are so different. You know, what, how late you can serve it. And for some

reason, your story about that liquor store made me think of the Liquor Barn in I think they're in a they have to be in Alberta, someplace called the Liquor Barn. And it's it was like a really sort of similar thing where it just felt like this warehouse of alcohol.

R

Rob Mineault 48:20

I would be willing to bet my life that the Liquor Barn is in Edmonton. I think it's Calgary. Okay. Well, I know I seem to like crapping on Edmonton a lot. I don't really have a reason why I do that a lot. But it's just kind of a it's funny. I don't know.

J

Jennie Bovard 48:45

I'm always surprised how much I like Edmonton every time I go. I have some family there. Oh, yeah. It's actually really nice. Like there are really nice parks and trail systems in the city and tons of music festivals and winter festivals. I'm not trying to change your mind I'm just always surprised whenever I go.

R

Rob Mineault 49:05

I was there once and and I my biggest memory of it was witnessing a knife fight in front of a Tim Hortons. They're probably fighting over Boston Cream Doughnuts.

L

Lis Malone 49:22

They were they were fighting over the last warm donut before they converted to frozen.

R

Rob Mineault 49:28

That's right. See Lis, you're learning this Canadian culture.

L

Lis Malone 49:34

Listen, I pay attention.

R

Rob Mineault 49:55

Where where are we? What are we talking about? Ah, okay, you know what? Talk to me a little bit. about the new video format of the podcast and what prompted you to switch over?

J

Jennie Bovard 50:09

Well, I didn't prompt it, I'll tell you that I would have been happy to stay strictly audio now I

have to brush my hair and ship to put makeup on. Are you kidding me, I was happy just doing audio audio is my thing, talking into microphones is my thing. But they keep wanting to put me in front of cameras, AMI, I don't know why. But anyway, they are bringing many of the podcasts and much of their audio only content over into the YouTube video space. So and I mean, it kind of, I kind of get it, I think that's where a lot of podcasts are going. And in terms of adding video, I don't need it myself, I never watch video podcasts, I'm just going to put that right out there. And anytime I don't have to do my hair or worry about how the background looks, I am happy. But we've come like I said a long way from recording from within a cardboard box. So it felt like a sort of natural next step to add the audio to get more people listening. And the other really cool thing about adding the YouTube content is that we can make it more accessible to more people because we can add closed captioning, which is a bit of a game changer, right? We weren't even doing transcripts before which, which really sort of bothered me. So I'm happy to be in the in the YouTube space for for that. And honestly, it's it's been pretty good. You know, I can I can connect on a little bit of a different level with the guests where I can you know, if I can see them smiling, or, you know, gesturing or reacting to a funny thing that I've said, you know that that is just that much better than, you know, hoping.

R

Ryan Fleury 52:10

Yeah, it's more interactive.

R

Rob Mineault 52:11

Did that require a lot of changes in terms of the way that you record? Did they did AMI like provide again? Did they provide the equipment like cameras and stuff? Like how did that all work?

J

Jennie Bovard 52:24

So in in the switch over to audio, we had to try a couple of different cameras. The first camera AMI sent me fancy little webcam tape deal. It it was great quality, but it required way too much light. They sent me a couple of really nice lights to these like, Oh my god. So I went to film school guys. And this was a long time ago that I went to film school now, we had the big, big scary hot lights that like if you can't touch these light bulbs ever, if you get your finger oil on them, and they're gonna explode if you want to move them you need like six people. They're like 400,000 Watts, whatever. These are the opposite of that these lovely little lights that they send me they're like the lightest thing ever. And anyway, so first camera didn't work out it required way too much light. And like I said, light sensitivity over here. I don't want to be squinting up a storm have a ton of glare on my glasses. I want to look okay, right? I want to look presentable, people gotta look at me. So the second camera they sent me is so cool. It is like, it is like this little webcam. And it uses hand gestures to zoom in and out. And it is just fabulous. So I'm kind of sold on the video side. And I like the technology part. Like I like the you know, like learning the new tech. So that's been fun.

R

Rob Mineault 53:55

What so but how does it work? Then when you have guests on to like, are you just using

what so but how does it work? Then when you have guests on to like, are you just using whatever camera that they particularly have? Or is AMI sending them stuff too?

J Jennie Bovard 54:07

Well, if so far, the guests for audio have had a decent enough camera, usually like an onboard, you know, camera on their laptop or whatever. And that's often what guests use. So the nice thing is, again, when we do the tech check in technical producer checks in with them, if it's bad enough, then he will send them some equipment so that you know the production value is there. We record using an online platform. And it's really Yeah, it's really handy. And it's accessible too.

R Ryan Fleury 54:38

Is it Cleanfeed?

J Jennie Bovard 54:41

We use Riverside FM

R Rob Mineault 54:43

Okay, now interesting on the one I've looked at as well.

J Jennie Bovard 54:45

And I love it. I love it because the old one we used you could only access it on a desktop or laptop. You couldn't you couldn't use a mobile device. So that was one of the things that kept a couple of guests from being able to participate. So the more the merrier now.

R Rob Mineault 55:03

Yeah. Wow. Interesting.

J Jennie Bovard 55:07

Riverside should be listening like, hey guys, I'm making you some coin here. I'm making. Low Vision Moments brought to you by Riverside.

R Rob Mineault 55:17

Exactly if anyone from Riverside FM and Frugal McDoogal is listening, we are available for

sponsorship

L Lis Malone 55:24

I'm curious about this camera. What is this fancy camera exactly that AMI sent you?

J Jennie Bovard 55:30

Oh, what is the name of it hold on. I have the box here.

R Rob Mineault 55:33

Oh, I smell another smell another sponsor.

J Jennie Bovard 55:39

So this puppy and it's got different modes to it's got like a desktop mode. So you can see you can switch it to like look to view what you're doing on your desk. And it will it it has auto follow. I don't know what the right term for that is but it will follow you around if you move around which is good for me because I talk with my hands and I move around and I can't sit still. So this little baby is called the Insta360 Link, the AI powered 4k webcam Oh, it's a beauty. Yeah, it's lovely. Right out of the box all you do is like you just download the firmware and you're good to go.

L Lis Malone 56:24

Yeah Rob when you're editing write that down for me okay.

R Rob Mineault 56:27

Okay, well yeah, no, it sounds pretty cool.

L Lis Malone 56:35

Well, especially God if Ryan is gonna make us do something live or the next generation of whatever the heck he wants AT Banter to be. 2.0

R Rob Mineault 56:45

We might be 4.0 at tis point.

L Lis Malone 56:48
I think I was beta 2.0 I think you're a 3.0 But I think that there's always that search for that perfect webcam. Yeah, cool. And if it's also very accessible you know,

J Jennie Bovard 57:10
The hand gestures are great!

R Ryan Fleury 57:12
What does it do if you finger it?

R Rob Mineault 57:18
Whoa

R Ryan Fleury 57:19
If you give the camera the middle finger, does it like zoom out real quick?

J Jennie Bovard 57:24
Phrasing.

R Rob Mineault 57:26
Man

R Ryan Fleury 57:27
Does it send an email to AMI?

R Rob Mineault 57:33
I just want a webcam that doesn't make me look like a monster.

R Ryan Fleury 57:37
Doesn't exist

L Lis Malone 57:39
You expect an awful lot from your equipment there Rob.

R Rob Mineault 57:42
Man listen to these burns Wow,

R Ryan Fleury 57:45
It can give you hair.

L Lis Malone 57:49
Yeah instead of like like when it does touch ups can I put like a little like a little helmet hair...try on different hairstyles.

R Rob Mineault 58:00
What happened? What's what's what's going on?

R Ryan Fleury 58:03
Oh my

J Jennie Bovard 58:05
I feel for you man.

R Rob Mineault 58:08
Everybody is is attacking all of a sudden.

R Ryan Fleury 58:12
Thanks so much for coming on the show.

L Lis Malone 58:13

Don't let Rob play the violin for you. We are a circular firing squad. It's just his turn, that's all.

J Jennie Bovard 58:32
You've got a bit of an Eeyore vibe

R Rob Mineault 58:40
It's time change, I'm telling you.

J Jennie Bovard 58:44
You and my dog are having a real hard time with that time change.

R Rob Mineault 58:48
It's terrible man. Next year hopefully. I have high hopes for you to 2023. Well, Jennie if people are interested in checking out your podcast, where the heck can they do that?

J Jennie Bovard 59:08
Where the heck can't they do that is the question. You can find Low Vision Moments on all of your favorite audio podcast providers. Apple podcasts, Spotify, Google Play the others. Were now on YouTube as well. So if you just get on YouTube and type in Low Vision Moments you'll find me there please come and subscribe. I don't have that many subscribers yet. And you know I want like at least 20 I think that might help me look good.

R Rob Mineault 59:41
Yeah, we hear you The struggle is real. It okay. Is it just me? And we're all podcasters here. Is it just me? There's too many damn podcast platforms.

R Ryan Fleury 59:54
Oh, we haven't even scratched the surface.

R Rob Mineault 1:00:00
It's crazy

R Ryan Fleury 1:00:01
Tune in, I Heart Radio, Spreaker, anchor...

J Jennie Bovard 1:00:04
People still use those?

R Ryan Fleury 1:00:06
I don't know. But we're there. You know, we first when we first launched AT Banter, I tried to put us everywhere, right? Yeah. So we're still out there on all those platforms.

R Rob Mineault 1:00:18
We just need an Apple one and an Android one. And Spotify. Spotify is good. So anyways, I derailed us.

R Ryan Fleury 1:00:33
We're even on Amazon.

R Rob Mineault 1:00:38
Amazon.

J Jennie Bovard 1:00:41
Big Bad Amazon. I'm just kidding. I love Amazon. They're here like every day,

R Rob Mineault 1:00:52
Ryan is a big Amazon guy. I just got my Amazon MasterCard the other day.

L Lis Malone 1:00:57
But are we actually on Amazon? Or does Amazon pull from one of the podcast platforms and plays it? I thought it because I could just want one time I asked it to play certain podcasts and it said playing it from tune in.

R Rob Mineault 1:01:12

R Rob Mineault 1:01:15

Music is now is their podcast platform. But I'd have to go back and look at the email. I think he's right. I think he's right. And they're always changing too. That's the other thing.

R Ryan Fleury 1:01:22

Well, yeah, Audible is doing podcast now too. So yeah, I don't remember. And Amazon owns audible, so..

L Lis Malone 1:01:34

It's very incestuous.

R Rob Mineault 1:01:40

All right, well, Jennie, thank you so much for coming on. And yeah, we love having other podcasters on and best of luck with the show and the new video format. And we would love to have you back on again at some point.

J Jennie Bovard 1:02:03

Thanks. I'd love to come back. And you might hear from me one day saying hey, would you like to be on Low Vision Moments?

R Rob Mineault 1:02:10

Hey, absolutely.

J Jennie Bovard 1:02:12

All right.

R Rob Mineault 1:02:13

It's a It's a deal. Ryan has one actually.

R Ryan Fleury 1:02:16

What? A Low Vision moment. So let's tell Jenny, the Rick Hansen story. I don't think for a second. So a couple of years ago, my goal was to get Rick Hansen, the man in motion on our podcast to talk about himself and his organization, and so on and so forth. So I found Rick

Hansen online. I reached out to Rick Hansen online. Rick Hansen was coming on our show, I was so excited. What was it the day before the day of the show, you know, use a screen reader, of course and didn't check the spelling. So the day of the show, I think I noticed that Rick Hansen was not spelled the way ours does. It was SON and not SEN or something similar. And this this this other Rick Hansen was into what was into like,

R

Rob Mineault 1:03:17

He's a herbalist in California. Yeah.

R

Ryan Fleury 1:03:21

And so like the show I had to cancel, right. So ultimately, I did get Rick Hansen eventually. That's my blind story of that will go down in history. That's right.

R

Rob Mineault 1:03:35

We never let him forget that one.

J

Jennie Bovard 1:03:37

Yeah, that's pretty epic.

R

Rob Mineault 1:03:39

Yeah. Yeah, the wrong Rick Hanson. And that's what I was going to ask you, wasn't he wondering why you did? I mean, I honestly I felt bad for the wrong Rick. Dude was really excited to be coming on ... to be invited on some Canadian podcast, just like, canceled on. Why do these guys want to talk to me about? Listen, that's podcast, right? Like you said to yourself, like you. Usually nine times out of 10 you ask somebody to be on your podcast they are gonna say yes. Why not? It's, yeah, you pretty easy to find guests.

R

Ryan Fleury 1:04:16

Do your research. Always check the spelling.

J

Jennie Bovard 1:04:27

Quick, can I tell you a funny screen reader fail? Sure. Yes. I mean, there are many of them. But one of my favorites is a guy in our Goalball group. We were exchanging a chain of emails and and one of his emails said something like, okay, I'll meet you guys at the gym as in, you know, the gym where we play Goalball at six or whatever it was. And we all all of the Low Vision

people in the email chain had we all had a really good laugh and we had to tell them at practice that like you're using, you're using J-I-M and non G-Y-M. It just struck us all so funny. And and now he checks now he checks every time he sends it.

R Ryan Fleury 1:05:18

Well yes, you know you don't even think about it right? You're typing along, you're reading something along and if you it's so easy just to hit send before you even do any sort of spell checking and just don't know. Autocorrect sucks.

R Rob Mineault 1:05:32

Yeah, we've all been we've all been burned by autocorrect

J Jennie Bovard 1:05:35

I just wrote a post and in it I said something like, I'm an adult and I spend my dough how I want and I dictated it. I was talking about the stupid socks that I have on right now. They have croissants and coffee cups with smiley faces on them because I'm a grown up. But and instead of typing out dough, it typed out do'h like Homer. I kind of want to keep that but that's wrong.

R Rob Mineault 1:06:10

Well, hey, listen, I don't even use a screen reader. And recently I realized that I was spilling surprise wrong all my life. So that was a real that was a real moment for me. It happened three weeks ago.

L Lis Malone 1:06:25

It's okay. Robin.

R Ryan Fleury 1:06:29

All these revelations.

J Jennie Bovard 1:06:38

My mind is blown all the time. I'm learning new stuff all the time. Yeah, yeah. I'll keep them for next time I'm on.

R Rob Mineault 1:06:48

Cool. All right. Well, we will release you. Thank you again for for coming on. And yeah, we will be in touch.

J Jennie Bovard 1:07:01

Thank you. Thank you. Great to meet you all.

L Lis Malone 1:07:03

It was very nice to meet you, Jennie.

R Rob Mineault 1:07:05

All right. Take care. And she's out. Yeah, I was wondering about people who were like your leave real quick. If their mouse was right over the disconnect button. My mouse is hovering over the Leave button. I'm hungry and tired and I want to get out of here.

L Lis Malone 1:07:27

I'm itching to watch the third period of my Devils game.

R Rob Mineault 1:07:32

Well, all right. Well, let's, uh, well, well, let's just say that Very cool, lady. That was very fun. Yeah, we've had guests that have shows on AMI. So kudos to AMI for finding these people and getting some, some pretty decent shows and decent information out there.

L Lis Malone 1:07:49

It's great content with people with great mic skills. Beautiful sound quality.

R Ryan Fleury 1:07:56

If you're listening to her podcast, her mic is great. I was actually going to reach out to her and ask her.

L Lis Malone 1:08:01

Hey, we were asking her about everything else that she uses. You gotta just send her a message like Hey, Jennie, can you let us know the mic? Because we forgot to ask you about the mic. I will.

- R** Ryan Fleury 1:08:12
I've got a drawer full of microphones because I am searching for the perfect microphone for my voice. Right. And I have not found it.
- R** Rob Mineault 1:08:23
It doesn't exist. It's like the webcam for me Ryan. Two can play that game my friend. might cost me \$6,000 What what?
- L** Lis Malone 1:08:39
I don't know. Maybe you're just expecting an awful lot from a microphone.
- R** Rob Mineault 1:08:44
Yeah. Wow. Look at Lis turning on Ryan all of a sudden now. Maybe she's right about the circling firing squad.
- L** Lis Malone 1:08:52
We are circling firing squad.
- R** Rob Mineault 1:08:58
We should rename the podcast we earlier thinking about rebranding. Maybe that's what we'll call ourselves.
- R** Ryan Fleury 1:09:04
Cold and wet parts.
- L** Lis Malone 1:09:06
AT Bang bang
- R** Rob Mineault 1:09:09
Where are you guys with all these ideas when we have idea meeting? Well we've got all these recorded all right, well, we do need to talk about rebranding. We brought it up At some point

you know. What is AT, just drop the AT. We can't call it banter banter, because that already exists. That's already a podcast. Yeah, some guys already ripped us off right?

R Ryan Fleury 1:09:36
I don't know.

R Rob Mineault 1:09:37
Cowbell banter. I don't know. Anyway, so I'm looking forward to working through all her episodes.

R Ryan Fleury 1:09:43
So yeah, they're entertaining for sure. Yeah, I'm enjoying them.

R Rob Mineault 1:09:52
Hey, Lis.

L Lis Malone 1:09:55
Hey, Robin.

R Rob Mineault 1:09:58
And man, she just turned turns on a dime She'll just screw anybody over. No loyalty

L Lis Malone 1:10:09
I'm existing in 16 to 17 degrees Celsius temperature so this is what you get.

R Ryan Fleury 1:10:15
Go sit on a heating pad.

L Lis Malone 1:10:18
Oh, that's actually an interesting idea.

R Rob Mineault 1:10:25
Yeah a hot water bottle. And one of those Snuggies you know, like they it's like a blanket. You wear it?

L Lis Malone 1:10:36
The blanket with sleeves.

R Rob Mineault 1:10:43
And AT Banter snuggie and a cozy. We need merch.

L Lis Malone 1:10:47
We totally need merch. Steve. Listen to this finally. We want merch.

R Ryan Fleury 1:10:53
He doesn't listen to the show.

R Rob Mineault 1:10:54
We didn't you know, we didn't even say that Steve wasn't here today. People are like, where's Steve? Gonna be like Rick right? You know Rick just kind of slowly died away and it'll happen to Steve eventually. It'll just be the three amigos That's not gonna happen. He likes the podcast. He's just busy.

R Ryan Fleury 1:11:21
He is busy. I don't know if he likes the podcast.

R Rob Mineault 1:11:30
I'm not sure he's ever listened to an episode it's true.

R Ryan Fleury 1:11:32
He pays the bills. That's all that matters.

R

Rob Mineault 1:11:35

Every time I asked him if he listened to the show, he always says no, no, he doesn't listen to the show. I guess you don't have to. I mean, if you're sitting there in the show, then I guess you really what's the point of listening to it again? You already lived through it. Yeah, I don't even listen to our show. I listen to the first probably 10 minutes just to check my audio quality then I go grab a different mic for next week. Yeah. And to see if Rob forgot the music or something. All right. This episode of inside baseball is brought to you by AT Banter. Where are we? Okay, we did we do? We don't do it. Okay. No, no, no, no, no, we're not even close to being done we got derailed at Hey Lis. So we gotta go back to that. Okay. Hey, Lis.

L

Lis Malone 1:12:30

Ah, yes?

R

Rob Mineault 1:12:34

Where can people find us?

L

Lis Malone 1:12:35

For now? They can find us at www.atbanter.com. For now.

R

Rob Mineault 1:12:40

Why do you know something that we don't?

L

Lis Malone 1:12:43

If we rebrand

R

Rob Mineault 1:12:45

Oh, I see. We're AT Banter. I'd like to rebrand but we won't. If anything we're changing audio platforms. Yeah, there we go. I'm down with that we can do that. Excellent. Definitely give it a shot make sure Lis can connect. Yeah, good enough All right. They can also find this online

R

Ryan Fleury 1:13:08

We did that.

R

Rob Mineault 1:13:00

R Rob Mineault 1:13:09

No, we didn't. Oh, wait. They can also no -- wow, holy crap it's my line okay. as They can also drop us an email if they so desire at cowbell@atbanter.com.

R Ryan Fleury 1:13:28

And they can find us on Facebook and Twitter. And maybe just maybe soon will be like every other coward on the planet and jump over to Mastodon but we'll see.

R Rob Mineault 1:13:42

Oh, yeah, Twitter's not gonna be around in a month.

R Ryan Fleury 1:13:46

Oh, there's 1000s that have jumped ship already and gone.

R Rob Mineault 1:13:53

That's a fascinating thing to watch. Like he has like he's driving that thing right off a cliff. He's fired his accessibility team and a bunch of other teams. Like it's really it's really amusing to watch. even Meta's fired or laid off 1000 employees or so. Yeah, well, that's you know, these guys get super rich and it's like they become they go crazy or something. Or they just become totally disconnected from reality and do ridiculous things.

R Ryan Fleury 1:14:23

Yep. So maybe you'll find us on Mastodon soon.

R Rob Mineault 1:14:27

Yeah well, there you go. Maybe. Where were we. Hey, Lis.

L Lis Malone 1:14:37

Hey, Rob.

R Rob Mineault 1:14:37

Okay, I thought she might have left. I hadn't heard from her ,I thought she went to watch her hockey games or something. Because that was there was that was quite the pause. She didn't answer really quick. I think she had to get back to her seat.



Lis Malone 1:15:00

Are we doing? Are we doing this all over again?



Rob Mineault 1:15:03

Yeah, that's right. All right. I think that is going to about do it for us this week. Big thanks, of course to Jennie for joining us, and we will see everybody next week.